

Supporting Children of Parents with Co-Occurring Mental Illness and Substance Abuse - course description

General information	
Course name	Supporting Children of Parents with Co-Occurring Mental Illness and Substance Abuse
Course ID	0313-WP-PSYCH-SCP
Faculty	Faculty of Social Sciences
Field of study	WNS - oferta ERASMUS / Psychology
Education profile	-
Level of studies	Erasmus programme
Beginning semester	winter term 2019/2020
Head faculty	Faculty of Social Sciences

Course information	
ECTS credits to win	3
Course type	obligatory
Teaching language	english
Author of syllabus	<ul style="list-style-type: none">dr hab. Iwona Grzegorzewska, prof. UZ

Classes forms					
The class form	Hours per semester (full-time)	Hours per week (full-time)	Hours per semester (part-time)	Hours per week (part-time)	Form of assignment
Class	15	1	-	-	Credit with grade

Aim of the course

The aim of the course is providing students with knowledge about the development, functioning and therapy in population of children with mental illness parents.

Prerequisites

Basic knowledge about developemental and clinical psychology.

Scope

- Risk factors for children: exposure to violence and trauma, poverty, neglect, housing and custodial instability.
- Effects on Children: mental health/substance abuse disorders, developmental delays, stigma and isolation, parentification.
- Protective factors for children: presence of family, positive parenting, support from peers, adults, parents, SES advantages, effective schools, role models outside the family.
- Resilience: positive adaptation, mental health, life satisfaction, developmental traits, multifinality, equifinality, life adversity.
- A continuum of services in life span.

Teaching methods

Discussion, case studies, literature studies, presentations.

Learning outcomes and methods of theirs verification

Outcome description	Outcome symbols	Methods of verification	The class form
Student can describe developmental processes for children in risk families. Student can recognize developmental disorders in children from families with mental illness parents and explain their mechanisms. Student can indicate methods of support for children and adolescents with special needs.		<ul style="list-style-type: none">Participation, literature studies, essay and project.	<ul style="list-style-type: none">Class

Assignment conditions

Participation, literature studies, essay and project.

Recommended reading

- D. Cicchetti & D. J. Cohen (Eds.), Developmental psychopathology: Vol. 1,2, 3. New York: Wiley

Further reading

- Beardslee, W.R., Gladstone, T.R., Wright, E.J., & Cooper, A.B. (2003). A family-based approach to the prevention of depressive symptoms in children at risk: Evidence of parental and child change. *Pediatrics*, 112(2), e119-131.
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- Joseph, J.G., Joshi, S.V., Lewin, A.B. & Abrams, M. (1999). Characteristics and perceived needs of mothers with serious mental illness. *Psychiatr Serv*, 50(10), 1357-1359.
- Marsh, D.T., Appleby, N.F., Dickens, R.M., Owens, M. & Young, N.O. (1993). Anguished voices: Impact of mental illness on siblings and children. *Innovations & Research*, 2(2), 25-33.
- Nathiel, S. (2007). **Daughters of Madness: Growing Up and Older with a Mentally Ill Mother**. Westport, CT: Praeger.
- Nicholson, J., Biebel, K., Katz-Leavy, J., & Williams, V.F. (2004) The prevalence of parenthood in adults with mental illness: Implications for state and federal policymakers, programs, and providers. In: Center for Mental Health Services. "Mental Health, United States, 2002." Manderscheid, R.W., & Henderson, M.J., eds. DHHS Pub No. (SMA) 3938. Rockville, MD: Substance Abuse and Mental Health Services Administration, pp. 120-137.
- Nomura, Y., Wickramaratne, P.J., Warner, V., Mufson, L., & Weissman, M.M. (2002). Family discord, parental depression, and psychopathology in offspring: Ten-year follow-up. *J Am Acad Child Adolesc Psychiatry*, 41(4), 402-409.
- Rutter, M., & Quinton D. (1984). Parental psychiatric disorder: Effects on children. *Psychol Med*, 14(4), 853–880.
- Sameroff, A.J. & Seifer, R. (1983). Familial risk and child competence. *Child Dev*, 54(5), 1254-1268.
- Sherman, M.D., & Sherman, D.M. (2007). *I'm Not Alone: A Teen's Guide to Living with a Parent Who Has a Mental Illness*. Edina, MN: Beavers Pond Press.
- Weintraub, S. & Neal, J. M. (1984). Social behavior of children at risk for schizophrenia. In N.F. Watt. E. J. Anthony, L. C. Wynne and J. E. Rolf (Eds.), *Children at Risk for Schizophrenia: A Longitudinal Perspective* (pp. 243-263). New York: Cambridge University Press.

Notes

*The subject can be run every semester, in case there is not enough persons to make a group there will be individual class run during instructor hours.

Modified by dr Jarosław Wagner (last modification: 27-04-2019 16:59)

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