

Possible Directions of Adult Development - course description

General information	
Course name	Possible Directions of Adult Development
Course ID	0313-WP-PED-PDAD
Faculty	Faculty of Social Sciences
Field of study	WNS - oferta ERASMUS / Pedagogy
Education profile	-
Level of studies	First-cycle Erasmus programme
Beginning semester	winter term 2019/2020
Head faculty	Faculty of Social Sciences

Course information	
ECTS credits to win	5
Course type	obligatory
Teaching language	english
Author of syllabus	<ul style="list-style-type: none">dr Anna Mróz

Classes forms					
The class form	Hours per semester (full-time)	Hours per week (full-time)	Hours per semester (part-time)	Hours per week (part-time)	Form of assignment
Class	30	2	-	-	Credit with grade

Aim of the course

Discussing psychological theories, problems and dilemmas of adult development.

Prerequisites

Basic course of psychology. Lectures are designed for students who are interested in psychological and philosophical aspects of adult development as well as possible directions of their own development.

Scope

Psychological aspects of good and evil in human being (examples of well-known psychological experiments and artistic performances), dilemmas of moral development, mechanisms of disengaging one's conscience, creation of narrative identity (Dan McAdam's theory), theories of mature personality, ways of seeking personal maturity on the basis of humanistic theories, psychological games in human relationships, mid-life crisis and its consequences.

Teaching methods

Lecture with discussion, explanation, literature study, case studies, educational films.

Learning outcomes and methods of theirs verification

Outcome description	Outcome symbols	Methods of verification	The class form
Student: can explain typical dilemmas of adult development; can analyze human relationships and recognize mechanisms of psychological games; can discern and indicate individual conditionings during human course of life; is aware of the need for continued conscious development throughout course of life.		<ul style="list-style-type: none">Participation in discussion, short oral presentation once a semester or writing essay discussed in class.	<ul style="list-style-type: none">Class

Assignment conditions

Participation in discussion, short oral presentation once a semester or writing essay discussed in class.

Recommended reading

- Adler J.M., Wagner J.W., McAdams D.P., *Personality and the coherence of psychotherapy narratives*, "Journal of Research and Personality", 41 (2007), p.1179-1198.
- Meyer R., *Case studies in abnormal behavior*, Allyn & Bacon, Inc., 2005.
- Piechowski M.M. , *Rethinking Dabrowski's Theory: I. The Case Against Primary Integration*, "Roeper Review", 36 (2014), p.11-17.
- Schneider K.J., Bugental, J. F., Pierson J.F. (eds.), *Handbook of humanistic psychology: leading edges in theory, research and practice*. Thousand Oaks : Sage Publications, 2001.

Further reading

Rydz E., Musiał D. (eds.), *Psychology of human development - selected issues*. Vol. 1. Lublin : Towarzystwo Naukowe Katolickiego Uniwersytetu Lubelskiego Jana Pawła II, 2010.

Notes

Some recommended articles will be available at e-learning platform.

The subject can be run every semester, in case there is not enough persons to make a group there will be individual class run during instructor hours.

Modified by dr Jarosław Wagner (last modification: 27-04-2019 16:59)

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