

# Assisting Development of Children and Adolescents - opis przedmiotu

| Informacje ogólne               |                                                   |
|---------------------------------|---------------------------------------------------|
| Nazwa przedmiotu                | Assisting Development of Children and Adolescents |
| Kod przedmiotu                  | 0313-WP-PSYCH-ADCA                                |
| Wydział                         | <a href="#">Wydział Nauk Społecznych</a>          |
| Kierunek                        | WNS - oferta ERASMUS / Psychologia                |
| Profil                          | -                                                 |
| Rodzaj studiów                  | Program Erasmus                                   |
| Semestr rozpoczęcia             | semestr zimowy 2020/2021                          |
| Jednostka obsługująca przedmiot | Wydział Nauk Społecznych                          |

| Informacje o przedmiocie        |                |
|---------------------------------|----------------|
| Liczba punktów ECTS do zdobycia | 6              |
| Typ przedmiotu                  | obowiązkowy    |
| Język nauczania                 | angielski      |
| Sylabus opracował               | • dr Anna Mróz |

| Formy zajęć |                                         |                                        |                                            |                                           |                     |
|-------------|-----------------------------------------|----------------------------------------|--------------------------------------------|-------------------------------------------|---------------------|
| Forma zajęć | Liczba godzin w semestrze (stacjonarne) | Liczba godzin w tygodniu (stacjonarne) | Liczba godzin w semestrze (niestacjonarne) | Liczba godzin w tygodniu (niestacjonarne) | Forma zaliczenia    |
| Ćwiczenia   | 30                                      | 2                                      | -                                          | -                                         | Zaliczenie na ocenę |

## Cel przedmiotu

The aim of the course is providing students with knowledge about typical developmental processes as well as developmental disorders, and indicating the most effective methods of assisting development of children and adolescents. Developmental difficulties of children with special needs will be stressed.

## Wymagania wstępne

Basic knowledge of mental processes.

## Zakres tematyczny

Typical processes at subsequent stages of development in childhood and adolescence: cognitive, emotional and social development, moral reasoning development.

Fostering memory and creative thinking: strategies for solving problems, stimulation of creativity.

Profoundly gifted and sensitive children: their special needs, problems with social relations, school difficulties, methods of assisting development.

Children with emotional disorders: long-term consequences of emotional trauma (including sexual abuse, breaking of mother-child bond), separation anxiety disorder.

Developmental disorders caused by biological factors: autism, Asperger's syndrome, ADHD – typical symptoms and ways of assisting.

Adolescents: identity creation as a developmental task, identity crisis, anorexia nervosa, bulimia nervosa.

## Metody kształcenia

Discussion, case studies, didactic games, presentations.

## Efekty uczenia się i metody weryfikacji osiągnięcia efektów uczenia się

| Opis efektu                                                                                                                                                                                                                                                                                                                                                                                                                            | Symbole efektów | Metody weryfikacji                                                                                                              | Forma zajęć |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|---------------------------------------------------------------------------------------------------------------------------------|-------------|
| Student can describe developmental processes typical for children and adolescents. Student can recognize developmental disorders and explain their mechanisms. Student can indicate methods of support for children and adolescents with special needs. Student applies methods of fostering creative thinking and memory processes. Student is aware of ethical dilemmas concerning assisting development of children and adolescents |                 | • Participation in discussion and didactic games, short oral presentation once a semester, writing an essay discussed in class. | • Ćwiczenia |

## Warunki zaliczenia

Participation in discussion and didactic games, short oral presentation once a semester, writing an essay discussed in class.

## Literatura podstawowa

1. Meyer R., *Case studies in abnormal behavior*, Allyn & Bacon, Inc., 2005.

2. Rutter M., *Helping troubled children*, Harmondsworth : Penguin Books, 1990.
3. Damon W. (ed.), *Handbook of child psychology. Vol. 3, Social, emotional, and personality development*, New York : John Wiley and Sons, 1998.
4. Sigel I.E., Renniger A. (ed.), *Handbook of child psychology. Vol. 4, Child psychology in practice*. New York : John Wiley and Sons, 1998.

## Literatura uzupełniająca

1. Kuhn d., Siegler R. (ed.), *Handbook of child psychology. Vol. 2, Cognition, perception, and language*. New York : John Wiley and Sons, 1998.

## Uwagi

\*The subject can be run every semester, in case there is not enough persons to make a group there will be individual class run during instructor hours.

Zmodyfikowane przez dr Jarosław Wagner (ostatnia modyfikacja: 08-07-2020 17:40)

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