

Sexuality education - course description

General information	
Course name	Sexuality education
Course ID	0119-WP-PED-EdSx
Faculty	Faculty of Social Sciences
Field of study	WNS - oferta ERASMUS / Psychology
Education profile	-
Level of studies	Erasmus programme
Beginning semester	winter term 2020/2021
Head faculty	Faculty of Social Sciences

Course information	
ECTS credits to win	5
Course type	obligatory
Teaching language	polish
Author of syllabus	<ul style="list-style-type: none">dr Joanna Dec-Pietrowska

Classes forms					
The class form	Hours per semester (full-time)	Hours per week (full-time)	Hours per semester (part-time)	Hours per week (part-time)	Form of assignment
Class	30	2	-	-	Credit with grade

Aim of the course

To provide students with knowledge about human sexuality, sexual health, norms of psychosexual development, sexual activity and its biological, psychological, social and ethical circumstances as well as knowledge of basic issues related to sexual education.

Prerequisites

Basic knowledge of pedagogy and psychology

Scope

Lectures:

Human sexuality. Biological, social and cultural conditions of sexual activity.
Object, goals and tasks of sexually education.

Sexuality education in Poland. The realities, implementation, and needs.
Sexual and reproductive health rights. Declaration of sexual rights.
Overview of selected research findings on sexuality of Poles.
Sex and the Internet. Risks related to Internet.
Sexuality of people with disabilities.

Classes:

Resources of knowledge about sexuality.
Myths and stereotypes related to sexuality.

Sex in biological, psychological and socio-cultural aspect. Upbringing and gender roles.
Human psychosexual development. Human sexuality in the life cycle.
Psychosexual development of children.
Puberty of girls and boys, differences and specificity.
Sexual norms and dysfunctions.
Sexual violence against adults and children.

Methods of family planning.
HIV / AIDS / STIs prevention.

Teaching methods

lecture, discussion, project method

Learning outcomes and methods of theirs verification

Outcome description	Outcome	Methods of verification	The class form
	symbols		

Outcome description	Outcome symbols	Methods of verification	The class form
The student has a basic knowledge of human sexuality in the lifetime cycle, sexual health, the biological, social and cultural conditions and regularities of human psychosexual development. The student has an elementary knowledge of the different types of social structures and institutions of society and the relationships between them The student is able to observe and interpret the behavior and opinions of pupils and make a diagnosis of sexual mores change The student can use the knowledge in the scope of sexual education for the analysis and interpretation of the behavior of pupils, using the criteria of sexological development norm standards and can diagnose the extent of risky sexual behaviors of young people to develop prevention projects in this area. The student is convinced to the need to apply the acquired knowledge to design activities that support the psychosexual development of children and young people and prevention of risky sexual behaviors. The student has the conviction of the importance of behaving in a professional and ethical way in situations that need support for pupils in connection with the occurrence of difficulties in their psychosexual development.		<ul style="list-style-type: none"> The lectures end with an exam. The verification method of learning outcomes is a test. Classes end with grade. The verification methods is the presentation or an essay about selected course topic. 	<ul style="list-style-type: none"> Class

Assignment conditions

The lectures end with an exam. The verification method of learning outcomes is a test. Classes end with grade. The verification methods is the presentation or an essay about selected course topic.

Recommended reading

1. Carroll J., Sexuality now. Embracing diversity, Belmont, USA, 2007
2. King B., Human sexuality today, USA, 2005
3. Rathus S., Nevid J., Fichner-Rathus Lois H., Human sexuality in a world of diversity, Toronto, Canada, 2004
4. Yarber W., Sayad B., Strong B., Human sexuality. Diversity in contemporary America, New York, USA, 2010

Further reading

1. Lue T. F., Basson R., Rosen R., Gouliano F., Khoury S., Montorsi F., Sexual medicine. Sexual dysfunctions in men and women, Paris, France, 2004
2. McAnulty R., Bournette M.M., Exploring Human Sexuality. Making healthy decisions, Boston, USA, 2004
3. Moore S., Rosenthal D., Sexuality in Adolescence. Current trends, New York, USA, 2006

Notes

*The subject can be run every semester, in case there is not enough persons to make a group there will be individual class run during instructor hours.

Modified by dr Jarosław Wagner (last modification: 08-07-2020 17:55)

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