

Assisting Development of Children and Adolescents - course description

General information	
Course name	Assisting Development of Children and Adolescents
Course ID	0313-WP-PSYCH-ADCA
Faculty	Faculty of Social Sciences
Field of study	WNS - oferta ERASMUS / Psychology
Education profile	-
Level of studies	Erasmus programme
Beginning semester	winter term 2021/2022

Course information	
Semester	1
ECTS credits to win	6
Course type	obligatory
Teaching language	english
Author of syllabus	<ul style="list-style-type: none">dr Anna Mróz

Classes forms					
The class form	Hours per semester (full-time)	Hours per week (full-time)	Hours per semester (part-time)	Hours per week (part-time)	Form of assignment
Class	30	2	-	-	Credit with grade

Aim of the course

The aim of the course is providing students with knowledge about typical developmental processes as well as developmental disorders, and indicating the most effective methods of assisting development of children and adolescents. Developmental difficulties of children with special needs will be stressed.

Prerequisites

Basic knowledge of mental processes.

Scope

Typical processes at subsequent stages of development in childhood and adolescence: cognitive, emotional and social development, moral reasoning development.

Fostering memory and creative thinking: strategies for solving problems, stimulation of creativity.

Profoundly gifted and sensitive children: their special needs, problems with social relations, school difficulties, methods of assisting development.

Children with emotional disorders: long-term consequences of emotional trauma (including sexual abuse, breaking of mother-child bond), separation anxiety disorder.

Developmental disorders caused by biological factors: autism, Asperger's syndrome, ADHD – typical symptoms and ways of assisting.

Adolescents: identity creation as a developmental task, identity crisis, anorexia nervosa, bulimia nervosa.

Teaching methods

Discussion, case studies, didactic games, presentations.

Learning outcomes and methods of their verification

Outcome description	Outcome symbols	Methods of verification	The class form
Student can describe developmental processes typical for children and adolescents. Student can recognize developmental disorders and explain their mechanisms. Student can indicate methods of support for children and adolescents with special needs. Student applies methods of fostering creative thinking and memory processes. Student is aware of ethical dilemmas concerning assisting development of children and adolescents		<ul style="list-style-type: none">Participation in discussion and didactic games, short oral presentation once a semester, writing an essay discussed in class.	<ul style="list-style-type: none">Class

Assignment conditions

Participation in discussion and didactic games, short oral presentation once a semester, writing an essay discussed in class.

Recommended reading

- Meyer R., *Case studies in abnormal behavior*, Allyn & Bacon, Inc., 2005.
- Rutter M., *Helping troubled children*, Harmondsworth : Penguin Books, 1990.

3. Damon W. (ed.), *Handbook of child psychology. Vol. 3, Social, emotional, and personality development*, New York : John Wiley and Sons, 1998.
4. Sigel I.E., Renniger A. (ed.), *Handbook of child psychology. Vol. 4, Child psychology in practice*. New York : John Wiley and Sons, 1998.

Further reading

1. Kuhn d., Siegler R. (ed.), *Handbook of child psychology. Vol. 2, Cognition, perception, and language*. New York : John Wiley and Sons, 1998.

Notes

*The subject can be run every semester, in case there is not enough persons to make a group there will be individual class run during instructor hours.

Modified by dr Magdalena Pokrzyńska (last modification: 15-04-2021 19:18)

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