

Dilemmas of Identity - course description

General information	
Course name	Dilemmas of Identity
Course ID	0313-WP-PSYCH-Dol
Faculty	Faculty of Social Sciences
Field of study	WNS - oferta ERASMUS / Psychology
Education profile	-
Level of studies	Erasmus programme
Beginning semester	winter term 2021/2022

Course information	
Semester	1
ECTS credits to win	5
Course type	obligatory
Teaching language	english
Author of syllabus	<ul style="list-style-type: none">dr Anna Mróz

Classes forms					
The class form	Hours per semester (full-time)	Hours per week (full-time)	Hours per semester (part-time)	Hours per week (part-time)	Form of assignment
Class	30	2	-	-	Credit with grade

Aim of the course

The course is designed for students who want to become familiar with different approaches to identity (especially narrative identity), as well as identify their own identity pattern.

Prerequisites

Basic knowledge of human development.

Scope

Variety of identity definitions: classical definitions, identity as a process.

Narrative identity: forming of narrative identity, general narrative tones , features of a good narrative.

Personal myths: identifying personal myth, cultural and social sources of personal myths.

Telling stories in psychotherapy and research.

Teaching methods

Discussion, case studies, reading texts, films.

Learning outcomes and methods of theirs verification

Outcome description	Outcome symbols	Methods of verification	The class form
Student can describe process of narrative identity and explain differences between different approaches to identity. Student can propose methods of working in narrative psychotherapy. Student is aware of the need for continued conscious development throughout course of life.		<ul style="list-style-type: none">Participation in discussion, analysis of a case study discussed in class, short essay on identity.	<ul style="list-style-type: none">Class

Assignment conditions

Participation in discussion, analysis of a case study discussed in class, short essay on identity.

Recommended reading

- Crossley M. (2000), *Introducing narrative psychology*, Open University Press.
- McAdams D.(1997), *The stories we live by*, The Guilford Press.
- McAdams D., Josselson R., Lieblich A. (2013), *Turns in the road: narrative studies of lives in transition*, APA.

Further reading

- Frank A.W. (1995), *The wounded storyteller*, The University of Chicago Press.

Notes

*The subject can be run every semester, in case there is not enough persons to make a group there will be individual class run during instructor hours.

Modified by dr Magdalena Pokrzyńska (last modification: 15-04-2021 19:18)

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