

Wykład monograficzny IC - Psychology of Health and Ability Loss and Recovery - course description

General information	
Course name	Wykład monograficzny IC - Psychology of Health and Ability Loss and Recovery
Course ID	14.4-WZS-AKTASM-WMPoHaFLaR1C-S21
Faculty	Faculty of Social Sciences
Field of study	Psychology
Education profile	academic
Level of studies	Long-cycle studies leading to MS degree
Beginning semester	winter term 2018/2019

Course information	
Semester	10
ECTS credits to win	2
Course type	optional
Teaching language	english
Author of syllabus	<ul style="list-style-type: none">dr Sławomir Piotr Baranowski

Classes forms					
The class form	Hours per semester (full-time)	Hours per week (full-time)	Hours per semester (part-time)	Hours per week (part-time)	Form of assignment
Lecture	15	1	9	0,6	Credit with grade

Aim of the course

Exploring concepts of health and disease at an anatomical, cultural/societal, economic and personal level. Reviewing functional and psychological strategies for coping with the loss of health, as well as the process of functional and psychological recovery.

Prerequisites

General knowledge of human and clinical psychology

Scope

Understanding terms: health, abilities, illness, loss, functional and vocational recovery. The process of defining one's personal identity and worth, as well as individual and vocational pursuit, through the lens of health and abilities. Experiencing a long-term illness and the resulting loss of functional abilities and own identity. The process of re-defining oneself through functional recovery and/or substitution of function. Differentiating between disability and impairment. Experiencing a life with a disability while overcoming impairments. Destigmatising, as well as personal and social re-integration. Redefining the sense of fulfillment and success. Exploring internal and external support systems.

Teaching methods

Lecture

Learning outcomes and methods of theirs verification

Outcome description	Outcome symbols	Methods of verification	The class form
Students understand and are able to describe psychological processes involved, when an individual experiences long-term/chronic illness and a significant loss of functional abilities.	<ul style="list-style-type: none">K_U02	<ul style="list-style-type: none">an exam - oral, descriptive, test and other	<ul style="list-style-type: none">Lecture
Students are able to translate their theoretical knowledge in health/function loss and recovery into practice providing both: short term (crisis) and long-term intervention modules.	<ul style="list-style-type: none">K_W06	<ul style="list-style-type: none">an exam - oral, descriptive, test and other	<ul style="list-style-type: none">Lecture
Students know the concepts of health, abilities, illness, loss, functional and vocational recovery.	<ul style="list-style-type: none">K_W01K_W02K_W06	<ul style="list-style-type: none">an exam - oral, descriptive, test and other	<ul style="list-style-type: none">Lecture

Assignment conditions

The final mark is based on a multiple-choice test result, with 70% being the passing mark

Recommended reading

1. Clough, Walter, S. (2016) The human body. Its function in health and disease. ICA Education Series.

2. Parker, Randal, M., Szymanski, Edna, Mora. (2014) Rehabilitation Counselling. ProEd Texas, USA.
3. Dyck, Diane, E.G. Disability Management. (2003) Theory and Industry Practice. Butterworth, Ontario.
4. Kingwell, Mark, Better living. (1998) In pursuit of happiness from Plato to Prozac. Penguin Books Canada.
5. Hawkins, David, R. (2014) Healing and Recovery. Hay House Inc.

Further reading

The current literature and other materials suggested by the lecturer

Notes

Modified by dr inż. Anna Góralewska-Słońska (last modification: 08-05-2021 07:51)

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