

# Wykład monograficzny IC - Psychology of Health and Ability Loss and Recovery - opis przedmiotu

## Informacje ogólne

Nazwa przedmiotu	Wykład monograficzny IC - Psychology of Health and Ability Loss and Recovery
Kod przedmiotu	14.4-WZS-AKTASM-WMPoHaFLaR1C-S21
Wydział	<a href="#">Wydział Nauk Społecznych</a>
Kierunek	Psychologia
Profil	ogółnoakademicki
Rodzaj studiów	jednolite magisterskie
Semestr rozpoczęcia	semestr zimowy 2022/2023

## Informacje o przedmiocie

Semestr	10
Liczba punktów ECTS do zdobycia	2
Występuje w specjalnościach	Psychologia edukacyjna i wychowawcza, Psychologia kliniczna, Psychologia pracy, organizacji i zarządzania, Psychosexuologia
Typ przedmiotu	obieralny
Język nauczania	angielski
Sylabus opracował	• dr Sławomir Piotr Baranowski

## Formy zajęć

Forma zajęć	Liczba godzin w semestrze (stacjonarne)	Liczba godzin w tygodniu (stacjonarne)	Liczba godzin w semestrze (niestacjonarne)	Liczba godzin w tygodniu (niestacjonarne)	Forma zaliczenia
Wykład	15	1	9	0,6	Zaliczenie na ocenę

## Cel przedmiotu

Exploring concepts of health and disease at an anatomical, cultural/societal, economic and personal level. Reviewing functional and psychological strategies for coping with the loss of health, as well as the process of functional and psychological recovery. Facilitating understanding of personal and professional revalidation process.

## Wymagania wstępne

General knowledge of human and clinical psychology

## Zakres tematyczny

Exploring the personal and social meanings of terms: health, abilities, illness, loss, impairment vs. disability, functional and vocational recovery. Analysing the process of defining one's self-worth, through the lens of own abilities. Experiencing a long-term illness and the resulting loss of functional abilities and often one's own identity. The process of re-defining oneself through functional recovery and/or substitution of function. Differentiating between disability and impairment. Experiencing a life with a disability while overcoming impairment(s). Experiencing external and internal destigmatising, as well as personal and social re-integration. Dreaming big despite disability, redefining one's sense of fulfillment and success in personal life and vocational pursuits. Exploring internal and external support systems.

## Metody kształcenia

Lecture, web resources, discussion.

## Efekty uczenia się i metody weryfikacji osiągania efektów uczenia się

Opis efektu	Symbol efektów	Metody weryfikacji	Forma zajęć
Students understand and are able to describe psychological processes involved, when an individual experiences long-term/chronic illness and a significant loss of functional abilities.	• <a href="#">K_U02</a>	• praca pisemna • zaliczenie - ustne, opisowe, testowe i inne	• Wykład
Students are able to translate their theoretical knowledge in health/function loss and recovery into practice providing both: short term (crisis) and long-term intervention modules.	• <a href="#">K_W06</a>	• praca pisemna • zaliczenie - ustne, opisowe, testowe i inne	• Wykład
Students know the concepts of health, abilities, illness, loss, functional and vocational recovery.	• <a href="#">K_W01</a> • <a href="#">K_W02</a> • <a href="#">K_W06</a>	• praca pisemna • zaliczenie - ustne, opisowe, testowe i inne	• Wykład

## Warunki zaliczenia

The final mark is based on either of:

- an oral examination in the form of a presentation demonstrating students's understanding of the issues explored during the semester

- a written dissertation on a selected topic covered during the studies

- a multiple-choice test results. The standard test structure is as follows: 60% closed single-choice questions, 40% open questions allowing students to provide narrative answers. All questions are formulated based on material/topics covered during the lecture. The test score is translated into the final mark based on the following calculation: passing mark - 60%; 60-64% - **3,0**; 65-69% - **3,25**; 70-74% - **3,5**; 75-79% - **3,75**; 80-84% - **4,0**; 85-89% - **4,25**; 90-94% - **4,5**; 95-97% - **4,75**; 98-100% - **5,0**.

Individual mark can be increased based on a student's participation in discussion, case study and/or other in-class projects.

## Literatura podstawowa

1. Clough, Walter, S. (2016) The human body. Its function in health and disease. ICA Education Series.
2. Parker, Randal, M., Szymanski, Edna, Mora. (2014) Rehabilitation Counselling. ProEd Texas, USA.
3. Dyck, Diane, E.G. Disability Management. (2003) Theory and Industry Practice. Butterworth, Ontario.
4. Kingwell, Mark, Better living. (1998) In pursuit of happiness from Plato to Prozac. Penguin Books Canada.
5. Hawkins, David, R. (2014) Healing and Recovery. Hay House Inc.

## Literatura uzupełniająca

TED Talks ([www.TED.com](http://www.TED.com)), current literature, other materials self-identified or suggested by the lecturer.

## Uwagi

Zmodyfikowane przez dr inż. Anna Góralewska-Słońska (ostatnia modyfikacja: 30-04-2022 11:41)

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