

# Movement improvisation - opis przedmiotu

| Informacje ogólne   |                                          |
|---------------------|------------------------------------------|
| Nazwa przedmiotu    | Movement improvisation                   |
| Kod przedmiotu      | 05.5-WP-PEDP-MI- 20                      |
| Wydział             | <a href="#">Wydział Nauk Społecznych</a> |
| Kierunek            | WNS - oferta ERASMUS / Psychologia       |
| Profil              | -                                        |
| Rodzaj studiów      | Program Erasmus                          |
| Semestr rozpoczęcia | semestr zimowy 2022/2023                 |

| Informacje o przedmiocie        |                                                                   |
|---------------------------------|-------------------------------------------------------------------|
| Semestr                         | 1                                                                 |
| Liczba punktów ECTS do zdobycia | 5                                                                 |
| Typ przedmiotu                  | obowiązkowy                                                       |
| Język nauczania                 | polski                                                            |
| Sylabus opracował               | <ul style="list-style-type: none"><li>dr Marek Zadłużny</li></ul> |

| Formy zajęć |                                         |                                        |                                            |                                           |                     |
|-------------|-----------------------------------------|----------------------------------------|--------------------------------------------|-------------------------------------------|---------------------|
| Forma zajęć | Liczba godzin w semestrze (stacjonarne) | Liczba godzin w tygodniu (stacjonarne) | Liczba godzin w semestrze (niestacjonarne) | Liczba godzin w tygodniu (niestacjonarne) | Forma zaliczenia    |
| Ćwiczenia   | 30                                      | 2                                      | -                                          | -                                         | Zaliczenie na ocenę |

## Cel przedmiotu

The aim of the course is to prepare the student to use movement improvisation techniques in work with various social groups. Developing auditory-visual-motor coordination. Acquisition by the student of the ability to express elements of a musical work by body movement. Developing a creative attitude in the implementation of physical tasks. Creating expressive movement.

## Wymagania wstępne

Basic psychophysical efficiency.

## Zakres tematyczny

Work with mental images and movement metaphors. Exercises to develop free movement expression. Exercise in composing movement improvisations. Tasks developing psychokinetic imagination. Awareness of movement work in sensory channels: kinesthetic, visual, proprioceptive, auditory, relational.

## Metody kształcenia

Workshops in the field of movement improvisation, demonstration forms, individual work, group work, teamwork.

## Efekty uczenia się i metody weryfikacji osiągnięcia efektów uczenia się

| Opis efektu                                                                                                                                                                                         | Symbole efektów | Metody weryfikacji                                                                                                                                                                | Forma zajęć                                               |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|
| The student is ready for the practical application of movement improvisation during the conscious implementation of art therapy in various social groups in the local environment.                  |                 | <ul style="list-style-type: none"><li>Assessment of student's practical skills, including his work with a group. Student self-assessment. Individual conversation.</li></ul>      | <ul style="list-style-type: none"><li>Ćwiczenia</li></ul> |
| The student has knowledge of movement improvisation and understands the connection of knowledge in the field of improvisation when designing artistic activities and working with a group.          |                 | <ul style="list-style-type: none"><li>Assessment of class activity. Observation of group work. Observation of individual work. Assessment of involvement in activities.</li></ul> | <ul style="list-style-type: none"><li>Ćwiczenia</li></ul> |
| The student is able to effectively and consciously use motor improvisation and is able to apply it in working with a group. The student is able to use motor improvisation in the creative process. |                 | <ul style="list-style-type: none"><li>Practical tasks performed individually and in groups. Assessment of the implementation of proprietary movement tasks.</li></ul>             | <ul style="list-style-type: none"><li>Ćwiczenia</li></ul> |

## Warunki zaliczenia

The basis for getting credit is active participation in classes (50%). Mastering the presented methods of movement improvisation (25%) and designing and conducting a workshop in a selected thematic area of the class (25%).

## Literatura podstawowa

- Bloom, T. & L. T. Chaplin (1998) The Moment of Movement: Dance Improvisation, London: Dance Books
- Payne, H.L. (2000) Creative Movement and Dance in Groupwork. Oxon: Speechmark
- Moore, C. & K. Yamamoto (1988) Beyond Words: Movement Observation and Analysis, New York: Gordon & Breach
- Holden, S. (1990) "Moving Together: The Group Finds a Dance", Group Analysis, 23 (3) 265-76

## Literatura uzupełniająca

### Uwagi

Zmodyfikowane przez dr Magdalena Pokrzyńska (ostatnia modyfikacja: 25-04-2022 07:52)

Wygenerowano automatycznie z systemu SyllabUZ