

# Sexuality education - opis przedmiotu

Informacje ogólne	
Nazwa przedmiotu	Sexuality education
Kod przedmiotu	0119-WP-PED-EdSx
Wydział	<a href="#">Wydział Nauk Społecznych</a>
Kierunek	WNS - oferta ERASMUS / Pedagogika
Profil	-
Rodzaj studiów	Program Erasmus drugiego stopnia
Semestr rozpoczęcia	semestr zimowy 2022/2023

Informacje o przedmiocie	
Semestr	1
Liczba punktów ECTS do zdobycia	5
Typ przedmiotu	obowiązkowy
Język nauczania	angielski
Sylabus opracował	<ul style="list-style-type: none"><li>dr Joanna Dec-Pietrowska</li></ul>

Formy zajęć					
Forma zajęć	Liczba godzin w semestrze (stacjonarne)	Liczba godzin w tygodniu (stacjonarne)	Liczba godzin w semestrze (niestacjonarne)	Liczba godzin w tygodniu (niestacjonarne)	Forma zaliczenia
Ćwiczenia	30	2	-	-	Zaliczenie na ocenę

## Cel przedmiotu

To provide students with knowledge about human sexuality, sexual health, norms of psychosexual development, sexual activity and its biological, psychological, social and ethical circumstances as well as knowledge of basic issues related to sexual education.

## Wymagania wstępne

Basic knowledge of pedagogy and psychology

## Zakres tematyczny

### Lectures:

Human sexuality. Biological, social and cultural conditions of sexual activity.  
Object, goals and tasks of sexually education.

Sexuality education in Poland. The realities, implementation, and needs.  
Sexual and reproductive health rights. Declaration of sexual rights.  
Overview of selected research findings on sexuality of Poles.  
Sex and the Internet. Risks related to Internet.  
Sexuality of people with disabilities.

### Classes:

Resources of knowledge about sexuality.  
Myths and stereotypes related to sexuality.

Sex in biological, psychological and socio-cultural aspect. Upbringing and gender roles.  
Human psychosexual development. Human sexuality in the life cycle.  
Psychosexual development of children.  
Puberty of girls and boys, differences and specificity.  
Sexual norms and dysfunctions.  
Sexual violence against adults and children.

Methods of family planning.  
HIV / AIDS / STIs prevention.

## Metody kształcenia

lecture, discussion, project method

## Efekty uczenia się i metody weryfikacji osiągnięcia efektów uczenia się

Opis efektu	Symbole efektów	Metody weryfikacji	Forma zajęć
The student has a basic knowledge of human sexuality in the lifetime cycle, sexual health, the biological, social and cultural conditions and regularities of human psychosexual development. The student has an elementary knowledge of the different types of social structures and institutions of society and the relationships between them The student is able to observe and interpret the behavior and opinions of pupils and make a diagnosis of sexual mores change The student can use the knowledge in the scope of sexual education for the analysis and interpretation of the behavior of pupils, using the criteria of sexological development norm standards and can diagnose the extent of risky sexual behaviors of young people to develop prevention projects in this area. The student is convinced to the need to apply the acquired knowledge to design activities that support the psychosexual development of children and young people and prevention of risky sexual behaviors. The student has the conviction of the importance of behaving in a professional and ethical way in situations that need support for pupils in connection with the occurrence of difficulties in their psychosexual development.		<ul style="list-style-type: none"> <li>The lectures end with an exam. The verification method of learning outcomes is a test. Classes end with grade. The verification methods is the presentation or an essay about selected course topic.</li> </ul>	<ul style="list-style-type: none"> <li>Ćwiczenia</li> </ul>

## Warunki zaliczenia

The lectures end with an exam. The verification method of learning outcomes is a test. Classes end with grade. The verification methods is the presentation or an essay about selected course topic.

## Literatura podstawowa

1. Carroll J., Sexuality now. Embracing diversity, Belmont, USA, 2007
2. King B., Human sexuality today, USA, 2005
3. Rathus S., Nevid J., Fichner-Rathus Lois H., Human sexuality in a world of diversity, Toronto, Canada, 2004
4. Yarber W., Sayad B., Strong B., Human sexuality. Diversity in contemporary America, New York, USA, 2010

## Literatura uzupełniająca

1. Lue T. F., Basson R., Rosen R., Gouliano F., Khoury S., Montorsi F., Sexual medicine. Sexual dysfunctions in men and women, Paris, France, 2004
2. McAnulty R., Bournette M.M., Exploring Human Sexuality. Making healthy decisions, Boston, USA, 2004
3. Moore S., Rosenthal D., Sexuality in Adolescence. Current trends, New York, USA, 2006

## Uwagi

\*The subject can be run every semester, in case there is not enough persons to make a group there will be individual class run during instructor hours.

Zmodyfikowane przez dr Magdalena Pokrzyńska (ostatnia modyfikacja: 25-04-2022 07:56)

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