

Personality Psychology - course description

General information	
Course name	Personality Psychology
Course ID	0313-WP-PSYCH-PP
Faculty	Faculty of Social Sciences
Field of study	WNS - oferta ERASMUS / Psychology
Education profile	-
Level of studies	Erasmus programme
Beginning semester	winter term 2018/2019
Head faculty	Faculty of Social Sciences

Course information	
ECTS credits to win	6
Course type	obligatory
Teaching language	english
Author of syllabus	dr Anna Mróz

Classes forms					
The class form	Hours per semester (full-time)	Hours per week (full-time)	Hours per semester (part-time)	Hours per week (part-time)	Form of assignment
Class	30	2	-	-	Credit with grade

Aim of the course

The aim of the course is to provide students with knowledge about various theories of human personality and some methods of measuring personality traits.

Prerequisites

Basic knowledge of mental processes and human development.

Scope

Psychodynamic approach in the field of personality: concept of unconsciousness in Freudian theory , collective unconsciousness according to C.G. Jung,

Humanistic theories of personality: A. Maslow 's motivation theory, person-centered therapy by Rogers, personalistic and existential tendencies in humanistic psychology.

Culture perspective in humanistic psychoanalysis.

Traits theory of personality: the role of cardinal traits in shaping individuality of a person (G. Allport's theory) .

Murray's system of human needs: theory and method of measuring (thematic apperception test).

The Big Five personality theory (by Costa & McCrea): description of five personality dimensions, the Big Five personality test.

The three-tiered model for describing personality (by D. McAdams) : dispositional traits, characteristic adaptations, life-stories.

Personality and narrative psychology: a life-story model of identity (McAdams), the dialogical self theory (H. Hermans), construction of own self-narration.

Teaching methods

Discussion, case studies

Learning outcomes and methods of their verification

Outcome description	Outcome symbols	Methods of verification	The class form
Student can explain basic assumptions of personality theories. Student can recognize differences between various approaches to personality in psychology. Student can indicate some methods of measuring personality dimensions. Student is aware of limitations of using personality theories in everyday life.		Participation in discussion, short oral presentation once a semester, analysis of a case study discussed in class.	Class

Assignment conditions

Participation in discussion, short oral presentation once a semester, analysis of a case study discussed in class.

Recommended reading

1. Ashcraft D. (2012), *Personality theories workbook*, Belmont : Wadsworth/Cengage Learning,
2. Hall C., Gardner G, Campbell J. (1997), *Theories of personality*, New York : J. Wiley & Sons.

3. McAdams, D. P., & Pals, J. L. (2006), A new Big Five: Fundamental principles for an integrative science of personality. *"American Psychologist"*, pp. 204-217.
4. McAdams, D.P. & Adler, J.M. (2006), *How does personality develop?* In: D. Mroczek & T. Little (Eds.), *Handbook of Personality Development* (pp. 469-492). Lawrence Erlbaum.
5. McAdams D. (2006), *The role of narrative in personality psychology today*, "Narrative Inquiry", pp.11-18.
6. McAdams, D. P. (2008), *Foreword in H. A. Murray, Explorations in personality: 70th anniversary edition* (pp. vii-xxxvi): Oxford University Press.
7. Oles, P.K., & Hermans, H.J.M. (Eds.) (2005). *The dialogical self: Theory and research*. Lublin:KUL.

Further reading

1. Freud S. (1961), *Beyond the Pleasure Principle*, New York-London: W.W. Norton& Company.

Notes

*The subject can be run every semester, in case there is not enough persons to make a group there will be individual class run during instructor hours.

Modified by dr Magdalena Zapotoczna (last modification: 10-04-2018 18:43)

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