

# Introduction to Psychology - opis przedmiotu

## Informacje ogólne

Nazwa przedmiotu	Introduction to Psychology
Kod przedmiotu	0313-WP-PED-ItP
Wydział	Wydział Nauk Społecznych
Kierunek	WNS - oferta ERASMUS / Pedagogika
Profil	-
Rodzaj studiów	Program Erasmus pierwszego stopnia
Semestr rozpoczęcia	semestr zimowy 2018/2019
Jednostka obsługująca przedmiot	Wydział Nauk Społecznych

## Informacje o przedmiocie

Liczba punktów ECTS do zdobycia	5
Typ przedmiotu	obowiązkowy
Język nauczania	angielski
Syllabus opracował	• dr hab. Zdzisława Janiszewska-Nieścioruk, prof. UZ

## Formy zajęć

Forma zajęć	Liczba godzin w semestrze (stacjonarne)	Liczba godzin w tygodniu (stacjonarne)	Liczba godzin w semestrze (niestacjonarne)	Liczba godzin w tygodniu (niestacjonarne)	Forma zaliczenia
Ćwiczenia	30	2	-	-	Zaliczenie na ocenę

## Cel przedmiotu

In this course students will learn basics of psychology.

## Wymagania wstępne

This introductory course has no specific prerequisites.

## Zakres tematyczny

The course covers the most important topics in modern psychology such as cognitive psychology (attention, consciousness, methods of brain research and brain functions), motivation and emotions, memory and learning, personality, individual differences (intelligence and temperament), child and adult development, social psychology and psychopathology.

## Metody kształcenia

The course is divided into two parts. The first part contains lectures provided online (all necessary materials will be accessible on the internet – students can benefit from MIT Open Courseware materials (videos, readings, exercises) as well as the university platform where a contact with the lecturer is possible). The second part are classes devoted to consolidation of the knowledge and its practical applications from all learnt approaches in psychology.

## Efekty uczenia się i metody weryfikacji osiągania efektów uczenia się

Opis efektu	Symbol efektów	Metody weryfikacji	Forma zajęć
After completion of the course a student can: - describe the specific features of psychology as a science and list its main subdisciplines - distinguish the main trends of psychological science, such as behaviorism, psychoanalysis, cognitive psychology, humanistic psychology, biological and evolutionary psychology - explains their underlying assumptions, their origins and historical differentiation - make comparative and critical analyzes in terms of how to explain human behaviors based on the knowledge from the various schools of psychology - know basic research methods in psychology: descriptive, correlational and experimental - know how to apply the knowledge to everyday popular problems (stress, psychosomatic disorders, psychopathology, burnout in work etc) and be able to indicate their background and some possibilities to curb or prevent them - find and select the reference literature of a chosen psychological problem.		• Lectures are finished with the final exam, containing questions in a test form. During the online lectures additional points can be made by special exercises and quizzes. Classes require completing a few projects during the lesson and preparing a critical essay of chosen current psychological scientific literature.	• Ćwiczenia

## Warunki zaliczenia

Lectures are finished with the final exam, containing questions in a test form. During the online lectures additional points can be made by special exercises and quizzes.

Classes require completing a few projects during the lesson and preparing a critical essay of chosen current psychological scientific literature.

## Literatura podstawowa

All materials will be accessible at the university platform and at MIT Open Courseware: <http://ocw.mit.edu/courses/brain-and-cognitive-sciences/9-00sc-introduction-to-psychology-fall-2011/introduction/>

## Literatura uzupełniająca

Psychology and life by Richard J. Gerrig, Philip G. Zimbardo, 2007, Pearson/Allen and Bacon

## Uwagi

\*The subject can be run every semester, in case there is not enough persons to make a group there will be individual class run during instructor hours.

Zmodyfikowane przez dr Magdalena Zapotoczna (ostatnia modyfikacja: 11-04-2018 17:03)

Wygenerowano automatycznie z systemu SylabUZ